



BEING TRAUMA INFORMED IN THE SOCIAL SERVICE SECTOR

October 20th & 21st 2015

Westin Wall Centre Vancouver Airport

3099 Corvette Way Richmond, BC V6X 4K3



Ministry of
Children and Family
Development

THE FEDERATION
of COMMUNITY SOCIAL SERVICES of BC



AGENDA | TUESDAY OCTOBER 20, 2015

8:30 - 9:00	REGISTRATION AND BREAKFAST SERVICE	
9:00 - 9:45	Musqueam Elder Traditional Welcome Welcoming Remarks & Conference Objectives Facilitator Welcome & Housekeeping Remarks	Mark Sieben & Rick FitzZaland Amanda Fenton
9:45-10:45	Building a Trauma Informed Organization	Jim Anglin & Jodi Al-Molky
10:45-11:00	Networking Activity	Amanda Fenton
11:00-11:15	Refreshment Break / Exhibits	<i>Group networking</i>
11:15-12:00	What Does It Mean to Be Trauma Informed?	Dr. Emily Wang
12:00-12:10	Group check-in / Recap of presentations	Amanda Fenton
12:10-13:00	LUNCH / NETWORKING	
13:00-13:45	MCFD's Model of Care for Children & Youth with Complex Care Needs	Warren Helfrich
13:45-14:15	Creation of Collaborative Discussion Topics <i>Together we will build the afternoon's agenda. Anyone can offer a question, topic, or theme for a breakout group. Over the afternoon, participants themselves will host these breakout groups, recording the insights and results as we go.</i>	Amanda Fenton
14:20-16:05	Collaborative Dialogue & Discussions	<i>Group discussions</i>
16:05-16:10	Collaborative Dialogue Verbal Popcorn <i>Participants will be encouraged to share a few highlights from the collaborative dialogue sessions.</i>	Amanda Fenton & Colleen Stevenson
16:10-16:20	Recap of PM Session & What's Ahead in Day Two	Amanda Fenton
16:30-18:30	NETWORKING RECEPTION	

There will be no formal afternoon refreshment break; actual breaks can be self-managed. Beverages and snacks will available in the foyer between 14:45-15:30.

AGENDA | WEDNESDAY OCTOBER 21, 2015

8:30-9:00	BREAKFAST SERVICE / EXHIBITS / NETWORKING	
9:00-9:30	Musqueam Elder Traditional Welcome	
	Recap of Day One	Amanda Fenton
9:30-11:00	Cultural Considerations in Trauma-Informed Practice	Wedlidi Speck
11:00-11:15	Refreshment Break & Exhibits	<i>Group networking</i>
11:15-12:00	WISH (Weaving in Spirit and Health) Beyond the Horizon	Judith Wright & Chris De Boer
12:00-12:15	AM recap & Instructions for Afternoon Sessions <i>See "Wisdom Catching" template at back of Program</i>	Amanda Fenton
12:15-13:15	LUNCH / NETWORKING	
13:15-14:15	Breakout Sessions: Trauma Informed Stories	
	Session 1: Responding to 'trauma' with justice-doing - Stories of sustainability	Vikki Reynolds
	Session 2: Implementation of the Neurosequential Model of Therapeutics (NMT) in a Complex System	Emily Wang
	Session 3: A New Path: The Kamloops Journey Towards Providing Wrap-Around Trauma-Informed Care For Children and Youth	Katherine Gulley
14:15-14:30	Refreshment Break & Exhibits	<i>Group networking</i>
14:30-15:15	Cross-Pollinating Wisdom Sharing <i>Key insights from the breakout sessions.</i>	Amanda Fenton
15:15-16:15	Developing Trauma-informed Practice Guidelines: A Principle-based Approach	Dr. Nancy Poole
16:15-4:30	Conference Wrap-Up & Thanks	Amanda Fenton

PRESENTATION DESCRIPTIONS

TUESDAY

9:45-10:45 **Building a Trauma Informed Organization**

Professor Jim Anglin & Jodi Al-Molky

Presentation on research findings and a framework for thinking about and implementing a trauma-informed approach in a human service organization.

11:15-12:00 **What Does It Mean to Be Trauma Informed?**

Dr. Emily Wang

Understanding trauma by understanding the brain can, and often will, change our perspective of how we work with and support children and families.

13:00-13:45 **MCFD's Model of Care for Children & Youth with Complex Care Needs**

Warren Helfrich

As part of its response to findings in the Residential Review report and recommendations made by the Representative for Children and Youth, MCFD is currently implementing a structured and integrated network of services and supports for children and youth with complex care needs. Dr. Warren Helfrich will walk participants through an overview of the elements of that system and the Model of Care that has been developed to guide services. That model includes the use of trauma informed practices, which will be discussed in the context of the Ministry's draft 'Trauma Informed Practice Guidance' document.

WEDNESDAY

9:30-11:00 **Cultural Considerations in Trauma-Informed Practice**

Wedlidi Speck

This talk will focus on cultural context, complexity, and importance of indigenous perspectives in practice. A framework to enhance understanding of cultural diversity, complexity and considerations for relationship building, utilizing culture, storytelling and prayer in practice will be shared.

11:15-12:00 **WISH (Weaving in Spirit and Health) Beyond the Horizon**

Judith Wright & Chris De Boer

The presentation will revisit WISH, the 3-year prevention and capacity building initiative between the Mary Manning Centre and the TSAWOUT First Nation mental health team. The presenters will share the trauma-informed principles of WISH, some of the difficulty as well as success of the project, and encourage participants to develop a schema of principles in within their own organization that support the safety and well-being of children, youth, and the community.

WEDNESDAY

13:15-14:15 **Breakout Session 1 - Responding to "trauma" with justice-doing: Stories of sustainability**

Vikki Reynolds

Vikki will offer learnings from decades of activist informed therapeutic work with people who are marginalized and suffer from abuses of power and structural oppression, including survivors of torture and sexualized violence. A witnessing approach to this work invites workers to take positions for justice-doing and against neutrality, and consider the complexities of "trauma" from a social justice frame. Stories of inspiration and transformation of clients and workers that are evoked in this approach counter the prescription for burnout or vicarious trauma. Participants will be invited to consider their own stories of resistance to oppression and suffering, and enact practices of witnessing that leave us sustained and enlivened in the work.

13:15-14:15 **Breakout Session 2 - Implementation of the Neurosequential Model of Therapeutics (NMT) in a Complex System**

Emily Wang

For the last 5 years, Hull Services has been implementing the NMT across the organization. While most people involved have enjoyed the ride, it has not been without highs, lows, and mistakes along the way. Join us as we share our journey.

13:15-14:15 **Breakout Session 3 - A New Path: The Kamloops Journey - Towards Providing Wrap-Around Trauma-Informed Care For Children and Youth**

Katherine Gulley

In 2007, the MCFD Community Services Manager for Kamloops addressed a need for the provision of mental health services for children and youth in care of the ministry by creating the CYMH Integrated Practice Team. This team's mandate is to develop the capacity of multidisciplinary care teams to adopt a new and trauma-informed approach to meeting the needs of children and youth in care. This presentation shares the struggles and triumphs of the Integrated Practice team including how far we have come and what we have learned.

15:15-16:15 **Developing Trauma-informed Practice Guidelines: A Principle-based Approach**

Dr. Nancy Poole

This presentation will describe the trauma informed practice guidelines developed iteratively and collaboratively over the past year. The guidelines promote a relational and principle based approach to practice and leadership, and one that is explicitly Informed by cultural safety and gender analysis. Reflection on the importance of these and other diverse elements underpinning trauma informed practice will be offered. Ideas about the path forward for integrating TIP principles in our work will be a final component of this presentation.

SPEAKER BIOS



Amanda Fenton

Facilitator

Amanda Fenton is a participatory process designer and facilitator, hosting gatherings for story, listening, questions, possibility and creative collaboration. Her expertise is in using circle-based dialogue methods to cultivate the connections and collective intelligence needed to address the complex situations we face today. She works with non-profits, churches, schools and other organizations to host and harvest conversations for thoughtful change. She is a host and teacher of The Circle Way and the Art of Hosting, and enjoys integrating different modes such as dialogue, improv, movement and graphic facilitation to host space with life and energy. She lives in New Westminster, BC and you can find her online at amandafenton.com



Colleen Stevenson

Graphic recorder

Colleen Stevenson works as a graphic recorder and custom illustrator. She creates visual records of conversations as they unfold with individuals or groups ranging in size from 3 to three hundred. She also takes complex ideas, stories or processes and illustrates them in her home studio. The work Colleen does draws people into a process where their thoughts, concerns, and emotions are reflected back in real time and they are left with an artful composition that is easy to understand, and synthesize.



Dr Emily Wang

What Does It Mean to Be Trauma Informed? & Breakout Session #2

Dr. Emily Wang is the Director of Trauma Informed Services at Hull Services, a non-profit organization that works with children and families in areas of early intervention and prevention, school based services, community services and residential care. She is a Fellow with the ChildTrauma Academy (CTA), founded by Dr. Bruce Perry and a Fellow with the Napa Infant Parent Mental Health Fellowship Program through the University of California Davis Extension Program. Dr. Wang is the NMT Site Supervisor at Hull Services, an NMT Flagship Centre for the ChildTrauma Academy. Dr. Wang serves on the advisory committee for Neurosequential Model In Education. She holds a Master's of Science in Educational Psychology, a Master's of Art and a Ph.D in Clinical Psychology.



Professor Jim Anglin

Building a Trauma Informed Organization

Professor Anglin began his career as a child and youth care worker in a mental health centre in Vancouver after which he developed a 6-bed group home for adolescents in Victoria. He then pursued graduate studies, worked in social policy in Ottawa and with the Children's Services Division, Government of Ontario, in Toronto. Returning to B.C. in 1979, he joined the faculty of the School of Child and Youth Care at the University of Victoria where he is a full Professor and former Director.

His major research interests have focused on a re-appreciation of residential care for children and youth (e.g. Pain, Normality and the Struggle for Congruence: Reinterpreting Residential Care for Children and Youth, Routledge, 2002). Currently, he is involved in researching and documenting the implementation and impact of a principle-based approach to residential care with colleagues from the Bronfenbrenner Centre for Translational Research at Cornell University.

He has published in North American and international journals and child welfare texts on a variety of child and youth care issues. He is on the editorial boards of *Child and Youth Services*, *International Journal of Child and Family Welfare*, *Journal of Child and Youth Care Work*, *International Journal of Child, Youth and Family Studies*, and *Reclaiming Youth at Risk*. He has also visited child and youth care programs and offered keynotes, workshops and seminars in over 40 countries – focusing on extra-familial care with young people, creating theory from qualitative data, and the evolution of CYC as a global profession.



Jody Al-Molky

Building a Trauma Informed Organization

Jody has been in the Public Service for 30 years. She currently is the Coordinator of Nursing Services, Quality Assurance & Training at the Maples Adolescent Treatment Centre.



Dr. Warren Helfrich

MCFD's Model of Care for Children & Youth with Complex Care Needs

Dr. Warren Helfrich is a human services researcher, consultant and trainer focused on the areas of performance measurement and evaluation, organizational behavior, leadership, governance, and human services accreditation. Warren has more than a decade of consulting experience in the human services sector working with both public and private organizations across Canada and the US. He has been directly involved in diverse initiatives aimed at improving service delivery, including Community Living BC's 'Quality of Life' Initiative and the Ministry of Children and Family Development's complex care project. Based out of Penticton BC, Warren, is a surveyor and trainer for the accrediting body CARF, a Registered Clinical Counsellor, and a Certified Daring Way™ Facilitator Candidate. He holds a Masters of Social Work from the University of Toronto and a PhD from the University of Calgary. His dissertation research focused on the impact of leadership on client outcomes within human service organizations.



Wedlidi Speck

Cultural Considerations in Trauma-informed Practice

Wedlidi Speck is a member of the Namgis First Nation from Alert Bay. The Namgis are part of the Kwakwaka'wakw cultural group located on the northern end of Vancouver Island. Culturally, Wedlidi traces his roots to the Kwakwaka'wakw, the Nuuchanulth, and Island Comox and his DNA says also the British Isles. Wedlidi is the hereditary head chief of his mother's clan and he is a spiritual leader and storyteller in the larger Kwakwaka'wakw indigenous community.

Wedlidi is currently the Director of Aboriginal Organisational Development with the Ministry of Children and Family Development. He works with the Strategic Human Resources Branch and informs work on indigenous cultural agility, cultural safety and Aboriginal Recruitment & Retention.

His past employment was with the John Howard Society North Island for approximately 19 years. He provided counselling support to youth & family in school, community, and institutional settings. Traditional and western approaches were a part of his toolkit and trauma-informed practice his interest. The Comox Valley is home, where he has lived for 27 years. He is married with three adult children and one teen, three grandchildren and a cat named 'Rosy.'



Judith Wright

WISH (Weaving in Spirit and Health): Beyond the Horizon

Judith has worked for the Victoria Child Abuse Prevention and Counselling Centre (VCAPCC, formerly the Mary Manning Centre) for the last 25 years. The Centre provides victim service and counselling to children, youth and their families who have experienced sexual abuse and other forms of trauma. During the last 15 years, she has served as Clinical Coordinator and in that capacity has presented a number of workshops and training to a variety of community and provincial organizations including government. Her current passion and that of VCAPCC is to heighten awareness and support within government and the community in regard to the effects of all forms of trauma on children and youth's development. As an ongoing learner, she is excited by the continued research and interventions emerging in the intersection of neuroscience and trauma.



Chris De Boer

WISH (Weaving in Spirit and Health): Beyond the Horizon

Chris de Boer has worked as clinical supervisor at Tsawout First Nations Health Department for the last five years. Tsawout First Nations offers a full service health department and as a member of the holistic support team (which includes two counsellors, two nurse practitioners, a community nurse and soon to join, physician). Chris facilitates the overall aim of delivering a wrap-around, timely, client-centred response to community members using trauma informed principles and practice. This approach evolved as a response to the wide ranging needs of the community. He is interested in the effects of trauma and its manifestations on individuals, family, community and organizations and addressing this through collaborative partnerships with community agencies.



Nancy Poole

*Developing Trauma-informed Practice Guidelines:
A Principle-based Approach*

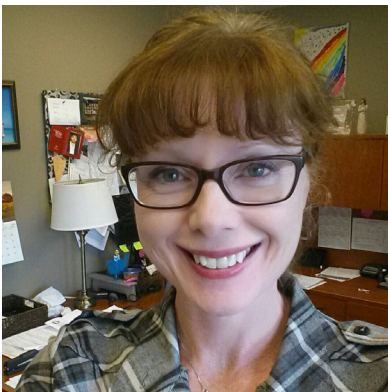
Nancy is the Director of the BC Centre of Excellence for Women's Health and the Prevention Lead for the CanFASD Research Network. Nancy is known for her collaborative work towards improving policy and service provision related to girls and women's substance use and overall health, with governments and organizations in Canada, and internationally. She is co-editor of four book, the most recent entitled *Transforming Addiction: Gender, Trauma and Transdisciplinarity*, published by Routledge in 2015.



Vikki Reynolds

Breakout Session #1

Vikki Reynolds PhD RCC is an activist/therapist who works to bridge the worlds of social justice activism with community work & therapy. Vikki is a white settler of Irish, Newfoundland and English folks, and a heterosexual woman with cisgender privilege. Her experience includes supervision and therapy with refugees and survivors of torture, sexualized violence counsellors, mental health and substance misuse counsellors, housing and shelter workers, activists and working alongside gender and sexually diverse communities. Vikki teaches with VCC, UBC, Adler University and with City University of Seattle, Vancouver. She has written and presented internationally on the subjects of resistance to 'trauma', ally work, justice-doing, a supervision of solidarity, ethics, and innovative group work. Vikki's book *Doing Justice as a Path to Sustainability in Community Work*, is available free on her website along with articles: www.vikkireynolds.ca.



Katherine Gulley

Breakout Session #3

Katherine Gulley earned her Master's degree in Counselling Psychology from the University of Victoria. She joined the Cariboo Child and Youth Mental Health team in 2007 and specialized in early childhood mental health and parent-child interventions. She has also served as a sessional lecturer for Thompson Rivers University in the Human Service Department. Currently, Katherine is the team leader for the Kamloops North Shore, Child and Youth Mental Health Team. Katherine has provided a number of presentations and workshops for MCFD staff, local First Nation communities, and other community partners on the importance of play, mental health, parenting, attachment theory, and trauma and neurodevelopment. She is a certified Modified Interaction Guidance instructor and is also a certified coder of the Adult Attachment Interview.

WISDOM CATCHING SHEET

HARVEST THE THEMES EMERGING TO CROSS-POLLINATE WITH THOSE WHO AREN'T HERE... THINK ABOUT:

What's the VIBE that you are getting from participants?

What's the GEM that you'll remember in ten years?

What are one or two QUESTIONS sparked for you?

What two or three ISSUES are relevant now?

What are two or three innovative IDEAS?

What's the HEADLINE or story of this presentation?

NOTES