

Coming Together: Breaking Down Silos To Serve Children and Youth

The Federation of Community Social Services of BC
Richmond, BC
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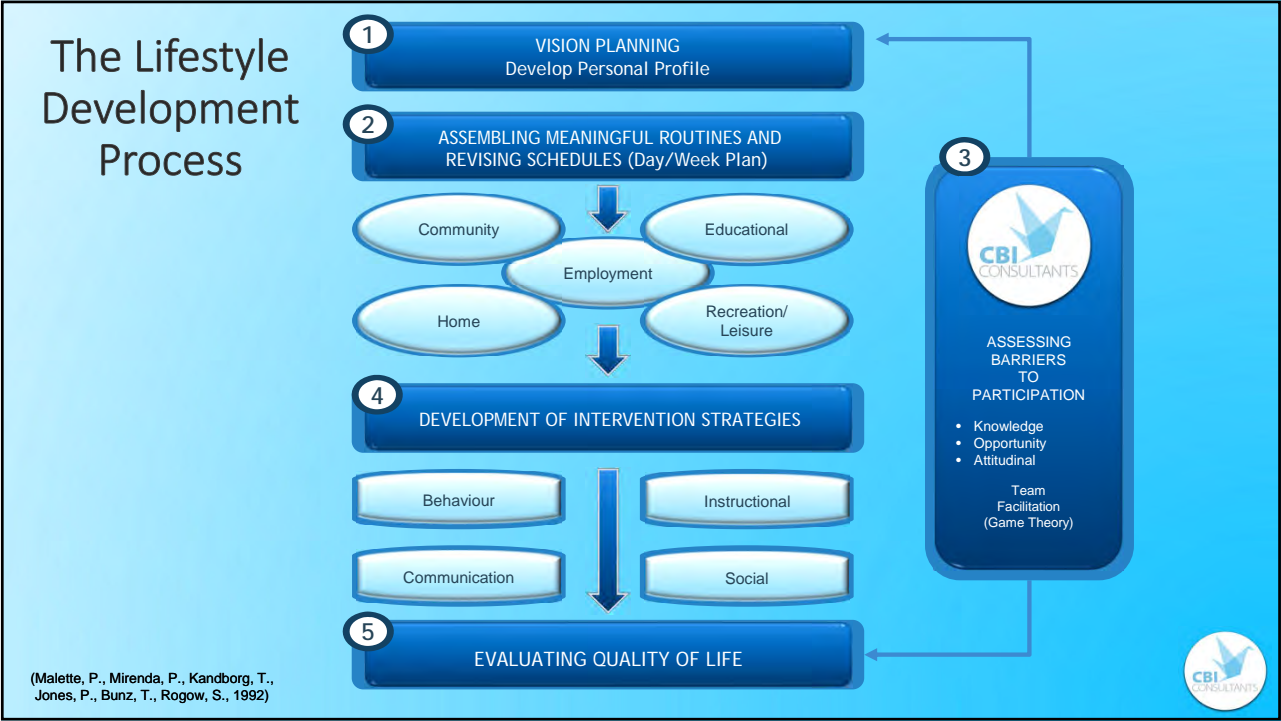
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Introduction to CBI Consultants

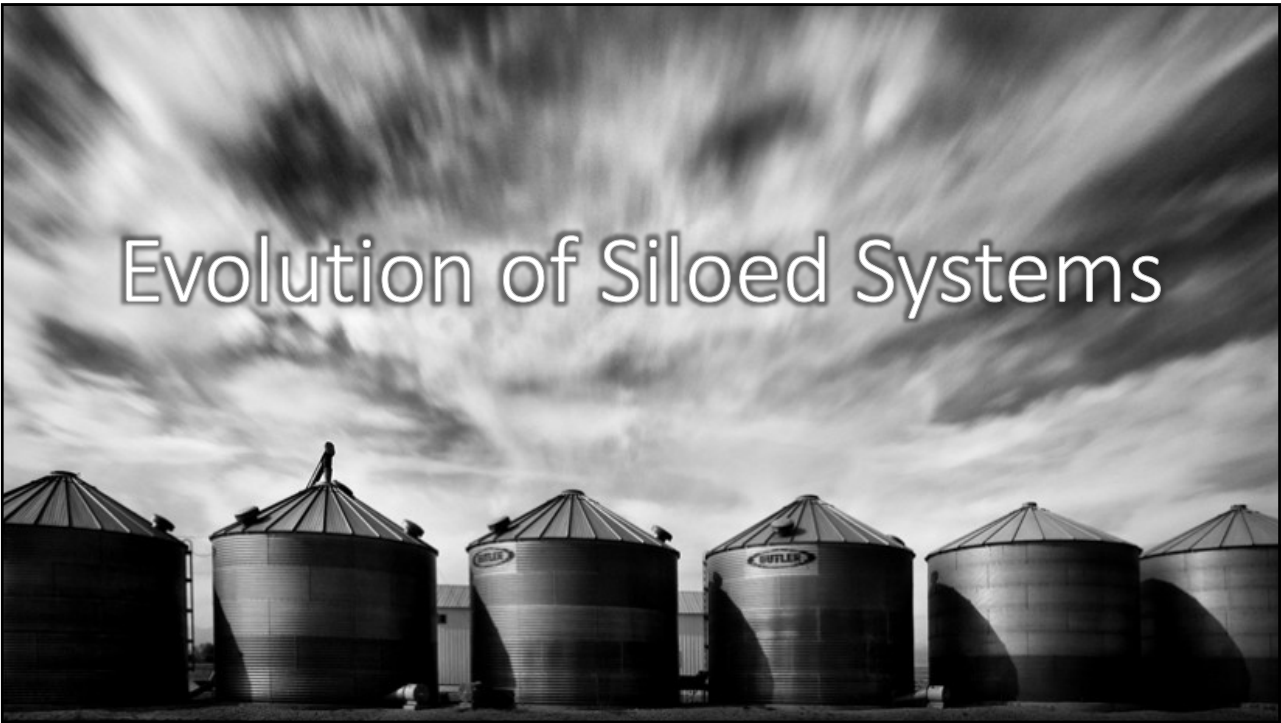
- 30th year providing Positive Behaviour Support in British Columbia Canada
- Support many of the most challenging individuals in the province including transition from Forensic Psychiatric Hospital
- Supported more than 10,000 individuals, families, agency and school staff
- Team of 45 passionate people currently supporting 500 individuals across the lifespan



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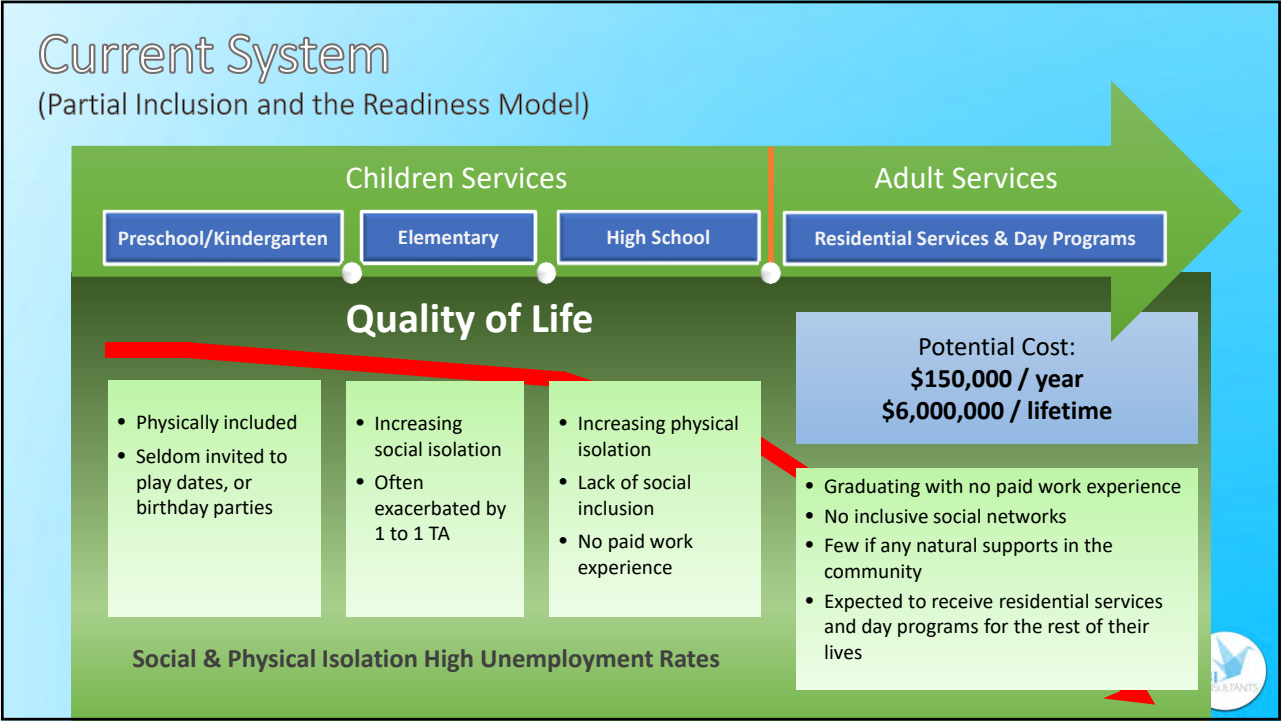
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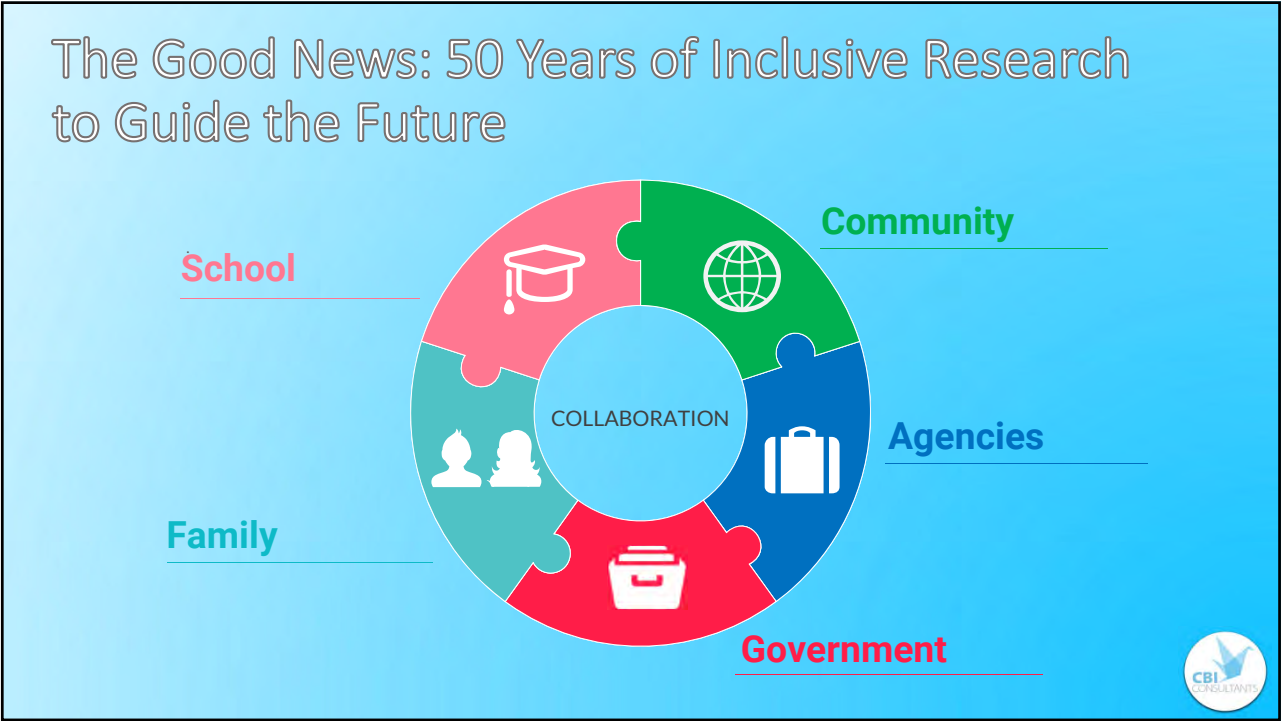
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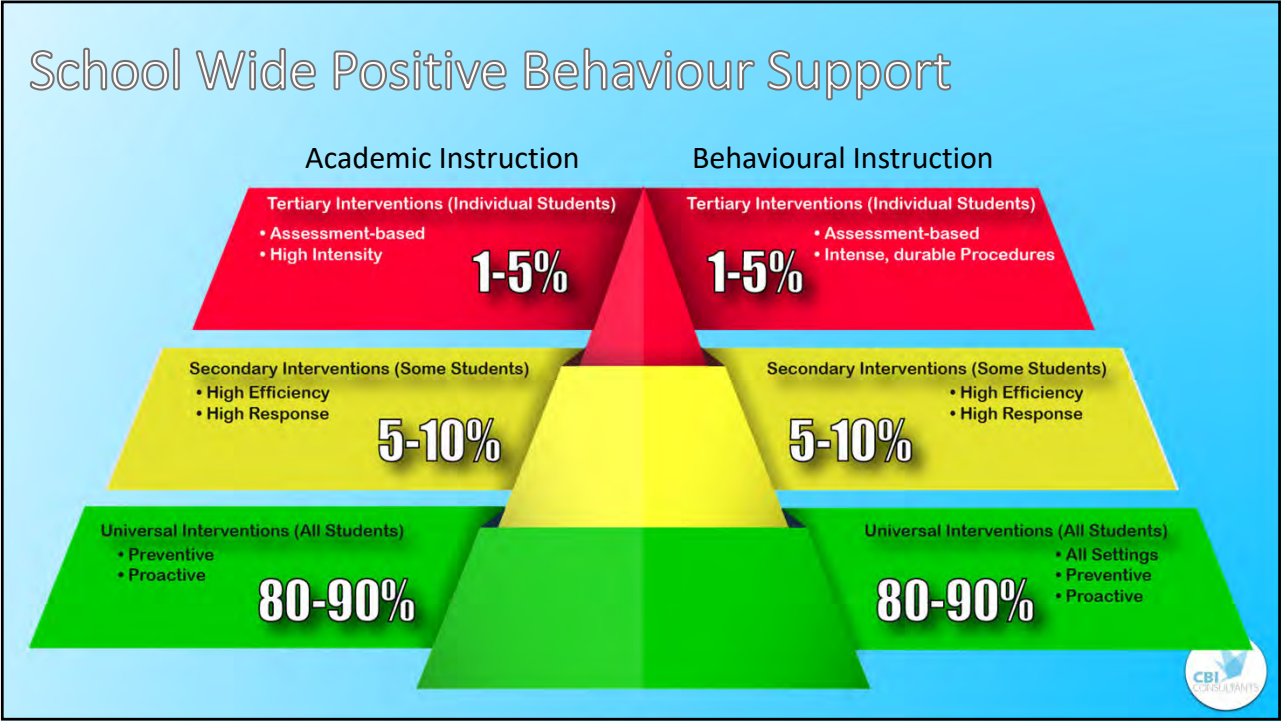
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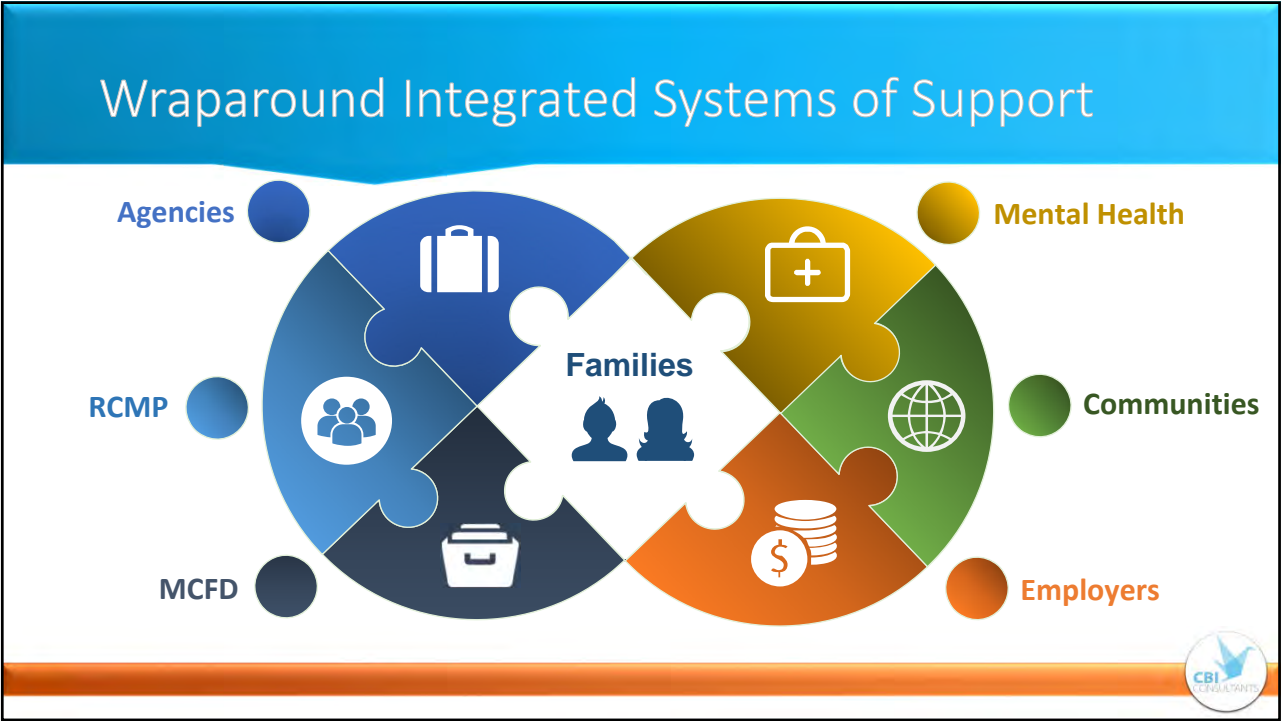
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Meet RB

- RB was 10 at the time of referral to CBI in January 2017
- Diagnosis of Autism Spectrum Disorder, ADHD and Anxiety Disorder
- Was living with his single mother on the North Shore



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Collaborative Teaming in PBS

Mutual Trust and Respect

Shared Goals

Open Respectful Communication

Equity

Consensus

Decision Making

Ongoing Problem Solving

Behavioral Research & Training Center

Positive Behavioral Support

Providing the Foundations of Quality, Sustainable Behavioral Change for Individuals with Disabilities

PBS Practice

The purpose of the series on PBS Practices is to provide information about important elements of positive behavioral support. PBS Practices are not specific recommendations for implementation, and they should always be considered within the larger context of planning, assessment, and comprehensive support.

Collaborative Teaming in PBS

Positive behavioral support involves designing interventions based on a thorough understanding of the circumstances affecting a person's behavior and implementing those interventions within typical daily routines and environments. To achieve these ends, PBS requires open communication and collaboration among all individuals participating in the support process. Collaboration equals people who know and care about the focus individual sharing responsibility, resources, and a positive vision for their success.

Features of effective collaboration:

1. Mutual trust and respect

2. Shared goals and objectives

3. Open, respectful communication

4. Effective conflict resolution

5. Equity in task distribution

6. Consensus decision-making

7. Ongoing problem solving

Collaboration in positive behavioral support means that a team, made up of the individual, their family and friends, and service providers from various disciplines and environments, engage in all aspects of the support process.

Example: Joey is having behavioral difficulties on community outings (e.g., job training, trips to the grocery store). Joey, his parents, coworkers, and job coach meet to discuss their concerns and establish goals. They work with assistance from someone with training in PBS; the team works together to gather information and identify conditions affecting Joey's behavior. Using what they learned as a foundation, the team designs a support plan that will fit in their environment, and that they feel capable of implementing. They put it in place and commit to meet periodically to monitor the progress and celebrate their success.

Nonexample: Joey is having behavioral difficulties on community outings and develops a program. The consultant with an outside expert to complete a functional behavioral assessment and develop a program. The consultant observes Joey in the community, administers a rating scale with his job coach, and then writes up a report with recommendations. The consultant presents the plan to the team, tells them what to do and how to take data, and fields questions as needed. Joey's support providers have not had input into the assessment or intervention, but are expected to implement the strategy.

Effective collaboration requires that systems (e.g., agencies) be organized so that they support creative, cooperative activities, rather than enforcing hierarchical structures in which individuals with disabilities are marginalized. Collaboration often involves cross-agency activities beyond typical parameters.

Timely time-consuming. How many more rarely mean savings; it requires finding a way. It is true that collaboration requires. If a good deal of time is currently being addressing conflicts among team members, collaborative activities.

If collaboration, or even faster with resistance systems for a service. If members of the team are it be important to investigate why (e.g., it may be that they are being left out of the rest of the team (or a host of other back into the process and support more collaborative activities.

Implementing community-based behavioral systems (Eds.). Behavioral intervention: strategies for providing comprehensive behavioral support, including people's lives.

Collaborative Teaming in PBS

Value the many representations.

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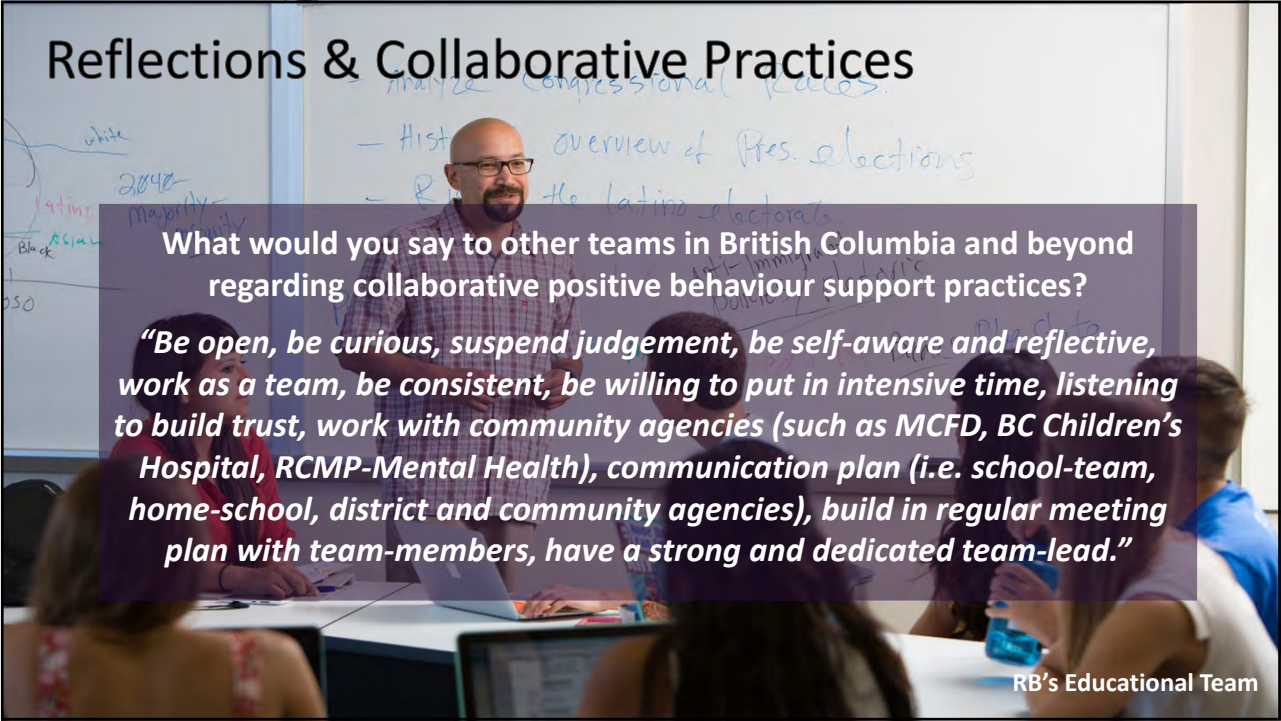
Critical Incidents

Period	Critical Incidents
JAN TO JUN 2017	8
JUL TO DEC 2017	4
JAN TO JUN 2018	0
JUL TO DEC 2018	0

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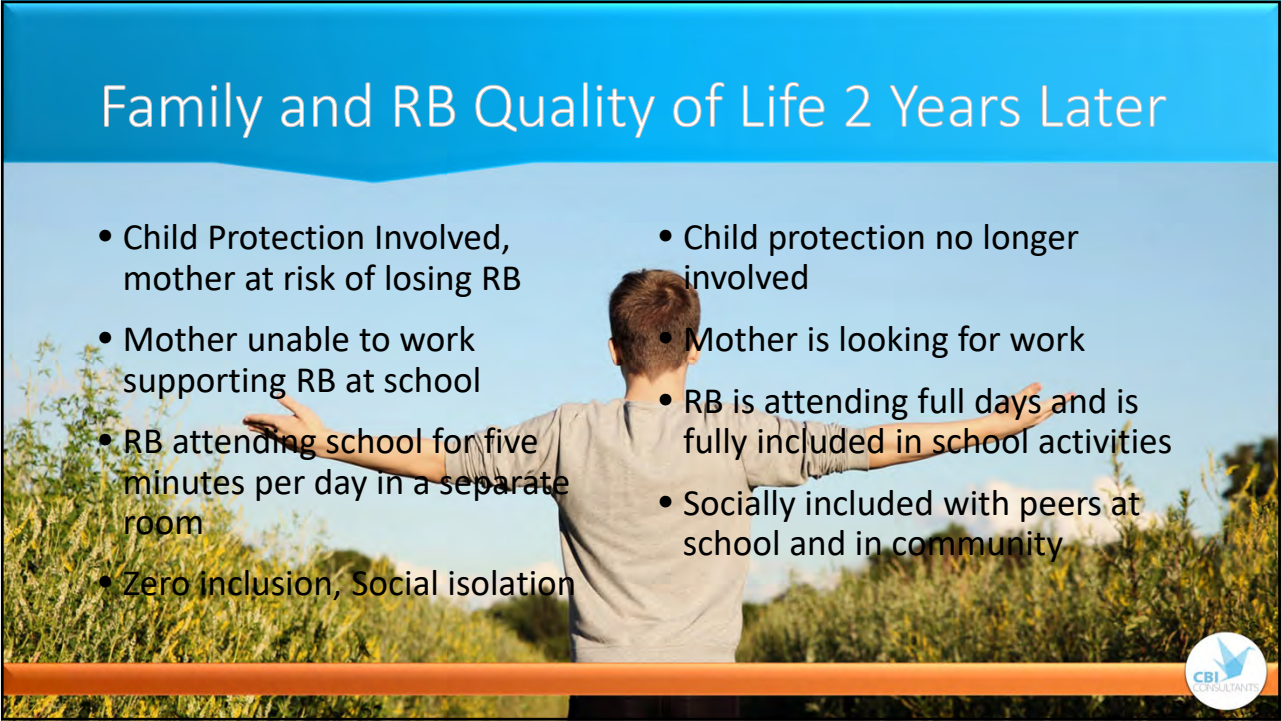


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Family and RB Quality of Life 2 Years Later


- Child Protection Involved, mother at risk of losing RB
- Mother unable to work supporting RB at school
- RB attending school for five minutes per day in a separate room
- Zero inclusion, Social isolation

- Child protection no longer involved
- Mother is looking for work
- RB is attending full days and is fully included in school activities
- Socially included with peers at school and in community




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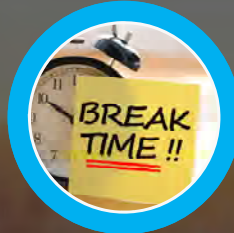
RB and Top 3 Strategies



Strength Based Person Centered Planning

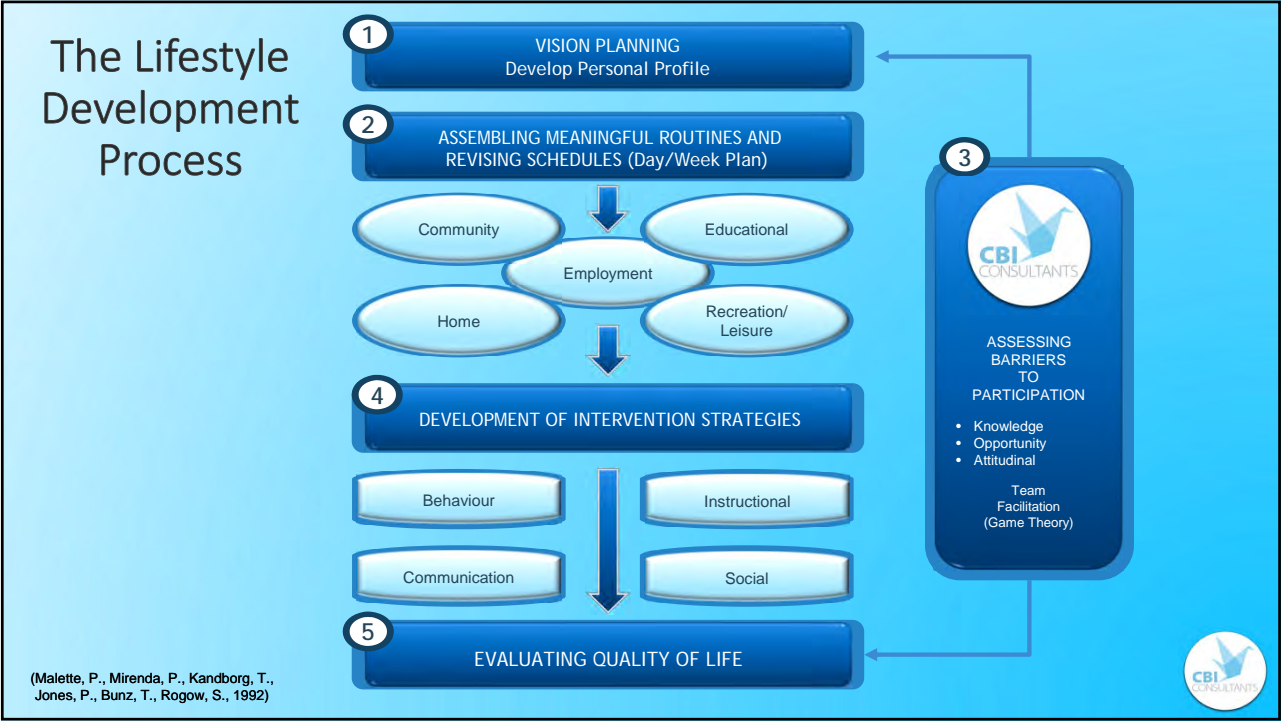


Collaborative Wraparound Teaming Practices

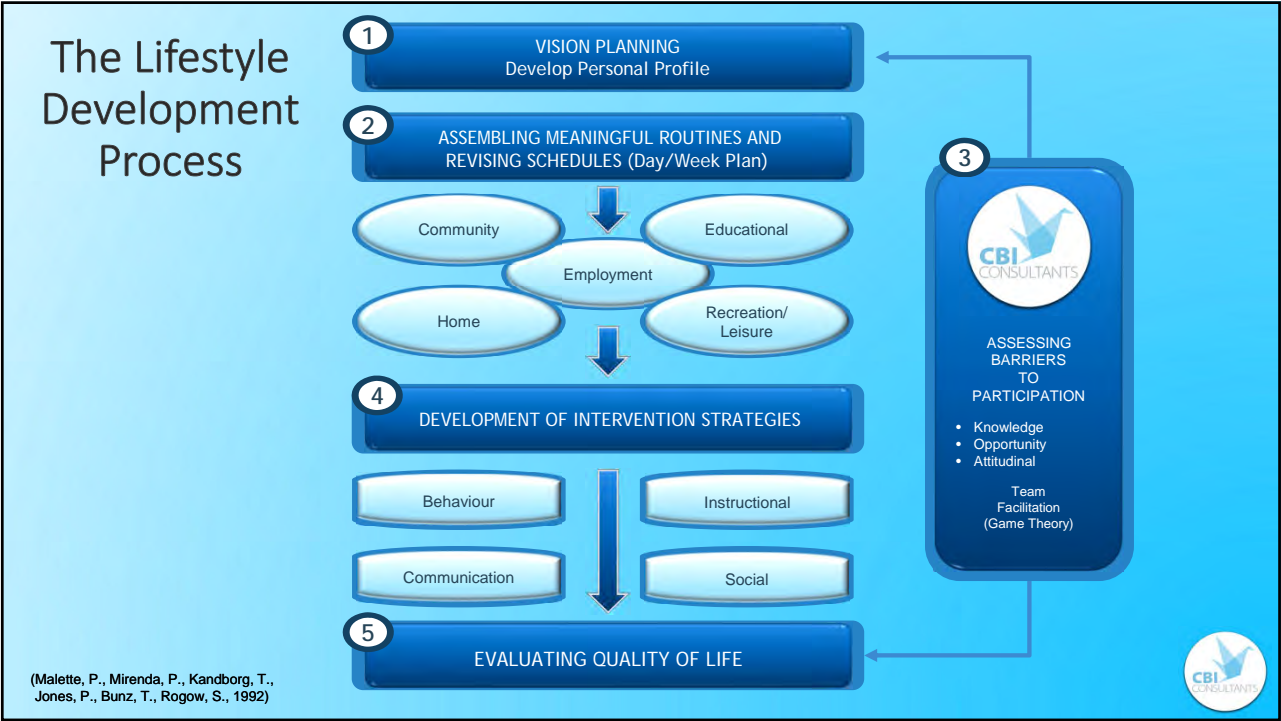


Teaching positive replacement behaviours (Functional Communication Training)

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Self-control Triad


When I'm upset




I stop



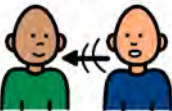
Take a deep breath




Relax my muscles




Say "I need to talk to you"




We make a plan



I am proud of myself





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Primary PBS Strategies: Self-control Triad

Stop



Take a deep breath



Imagine a pleasant scene



Think of a solution



Positive consequence





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Primary PBS Strategies

Meth



Stop



Imagine



Positive consequence



Relationship with Family

Walks away



Job



Baseball



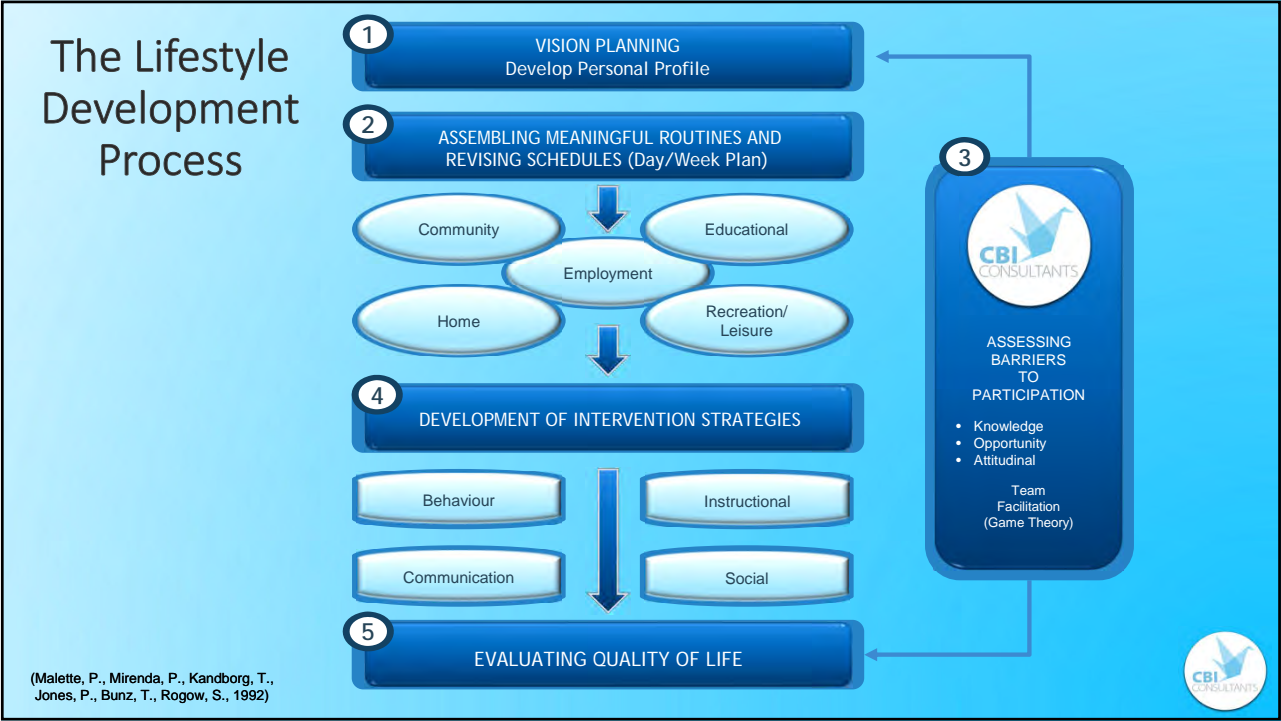


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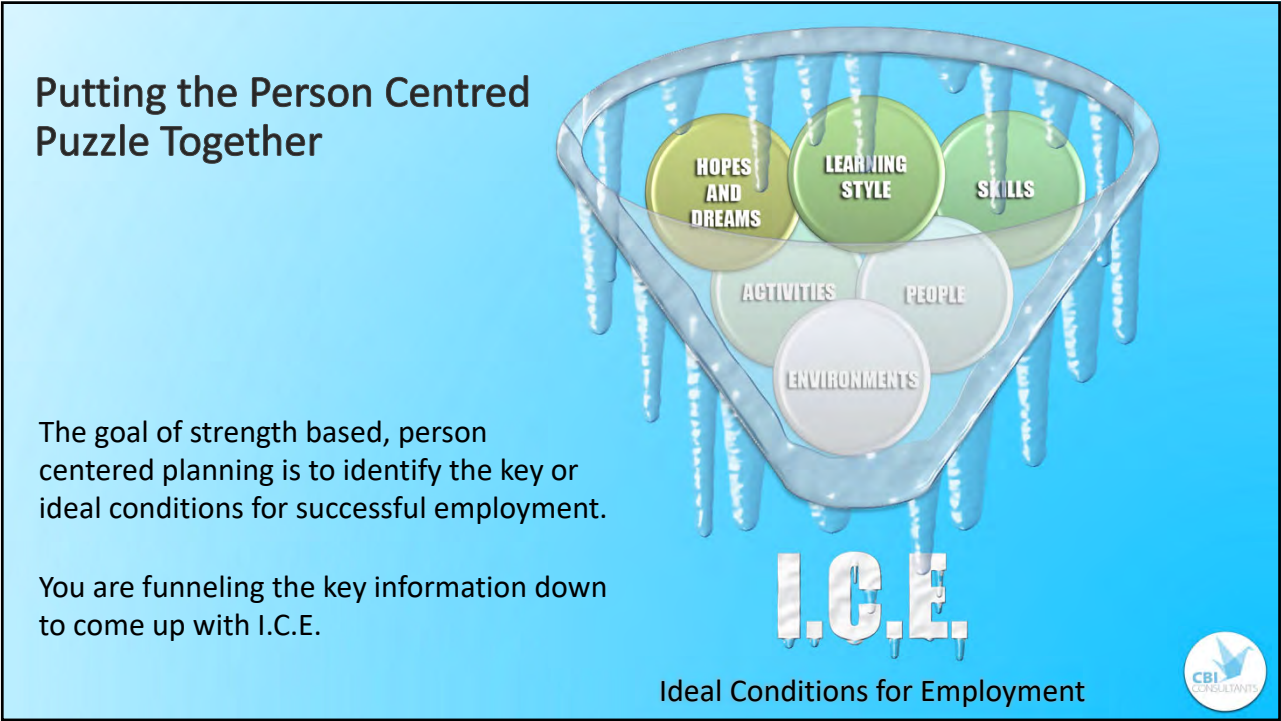
Addition of Customized Employment Service to LDP



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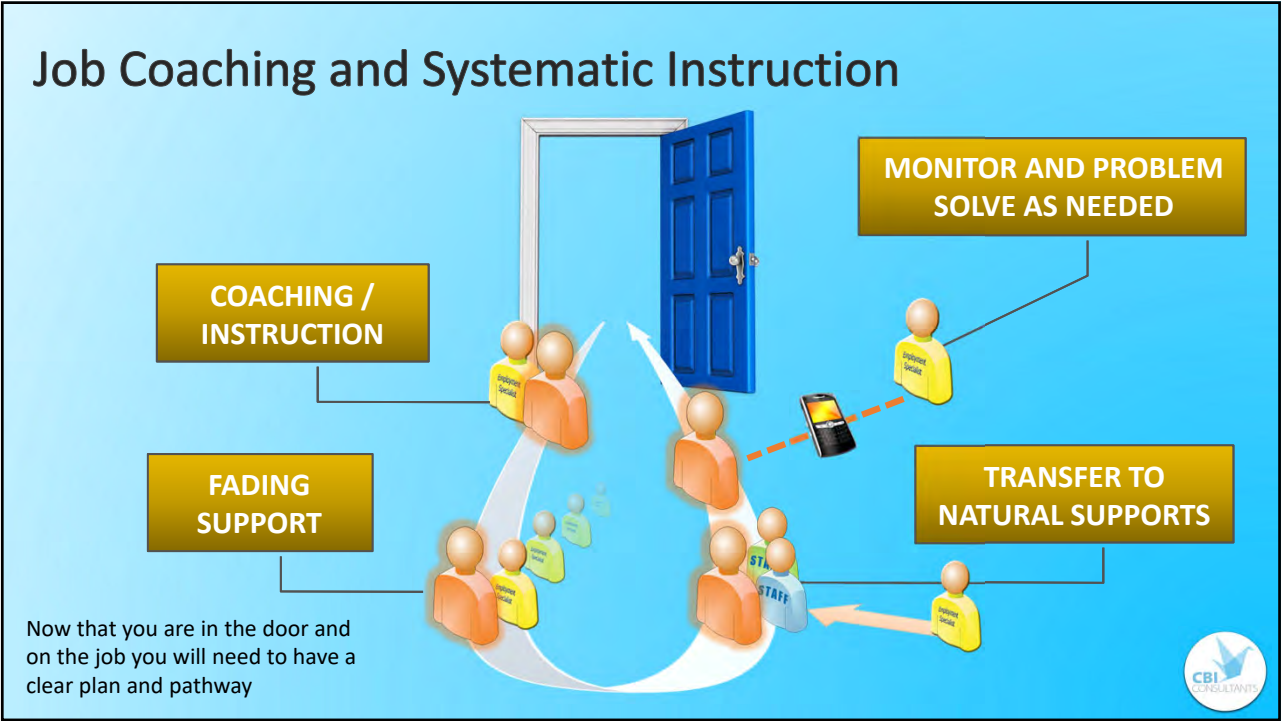
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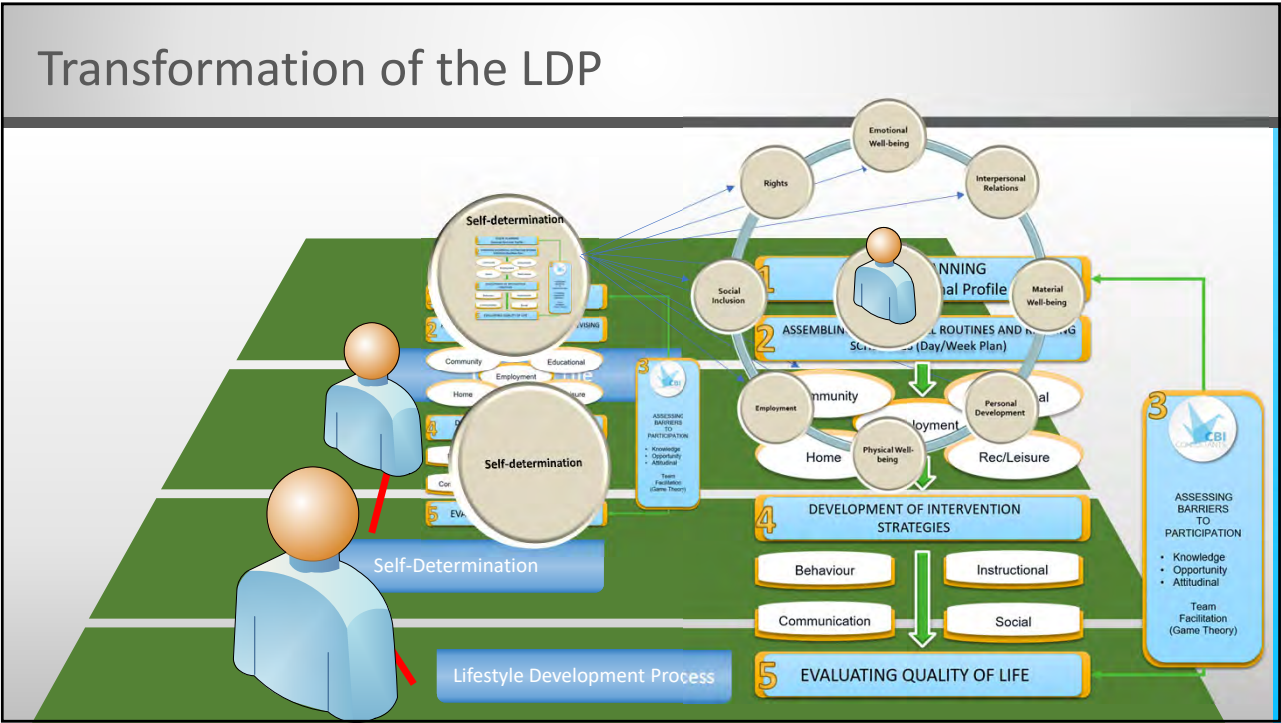
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WHO AM I

- Hi, I am Richie.
- I work at White Spot and CBI Consultants.
- I did an SDLP in 2013 and this is my updated version.

THINGS I LIKE

- Listening to music, singing and dancing
- Walking in the neighborhood
- Eating at a restaurant
- Playing sports
- Playing video games
- Cooking
- Going to church with mom
- Gardening at home – growing my own food

THINGS I DON'T LIKE

- Cards
- Chess
- Swimming
- Painting
- Math

WHAT MAKES ME UNIQUE


- I like to travel
- I like to make people laugh and feel happy
- I am hardworking and loyal

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LEARNING

- GOAL BY END OF YEAR: Apply and enroll in a culinary course at Vancouver Community College (VCC)
- GOAL FOR 2 YEARS: Working in a kitchen as food prep or trainee chef
- HOW TO ACHIEVE THIS GOAL: Attend an orientation at VCC before the end of 2019. Apply for a place on the culinary course at VCC. Attend the culinary course and graduate by the end of 2022. Work with a job coach or VCC tutor to research places to work and experience required to obtain a job as a trainee chef.


VANCOUVER
COMMUNITY
COLLEGE



GOAL BY END OF YEAR: Hang out more with friends and spend time doing activities with my family





GOAL FOR 2 YEARS: Meet new friends to interact and hang out with who have similar interests to



FAMILY & FRIENDS

HOW TO ACHIEVE THIS GOAL: Set a day and time each week to meet with friends, meet new friends at work and college and ask for phone numbers. Plan a weekly meeting with new friends. Look for clubs that share an interest





EMPLOYMENT





- GOAL BY END OF YEAR: Start to work in food prep at the kitchen in White Spot
- GOAL FOR 2 YEARS: Working in the kitchen at White Spot as a trainee chef
- HOW TO ACHIEVE THIS GOAL: Speak to my manager and put a plan in place to gain experience in food prep before the end of 2019. Schedule one night per week to cook a meal at home for my family by the end of August 2019. Sign up to a cooking class in September 2019 to learn how to cook new recipes.

GOAL BY END OF YEAR: Keep living with mom

GOAL FOR 5 YEARS: Keep living with mom and help her in the house to cook, clean and pay the bills

HOW TO ACHIEVE THIS GOAL: Sit down with mom to understand what bills she pays each month. Make a monthly budget to understand how much money I have coming in and going out. Agree to one bill I can help mom with by the end of 2019. Sit down with mom and plan weekly schedule for helping with gardening and one night for cooking dinner. Plan one night per week to do an activity with mom (e.g., shopping, walk, coffee). I plan to sit down with mom in August 2019 to make our schedule.

HOUSING



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A person wearing a green shirt is holding a tablet. The tablet screen shows a news article from 'RICHMOND NEWS' under the 'Community' section. The headline is 'Richmond carrier celebrates eight years'. The byline is 'Valerie Leung / Richmond News' and the date is 'OCTOBER 10, 2019 03:00 PM'. There is a photo of a person in a yellow and red uniform. Below the photo, the text reads: 'Teaghan Collins has been a newspaper carrier for eight years and still counting. Photo submitted'. At the bottom, it says 'A Richmond resident is celebrating his eighth year as a newspaper carrier on Carr...

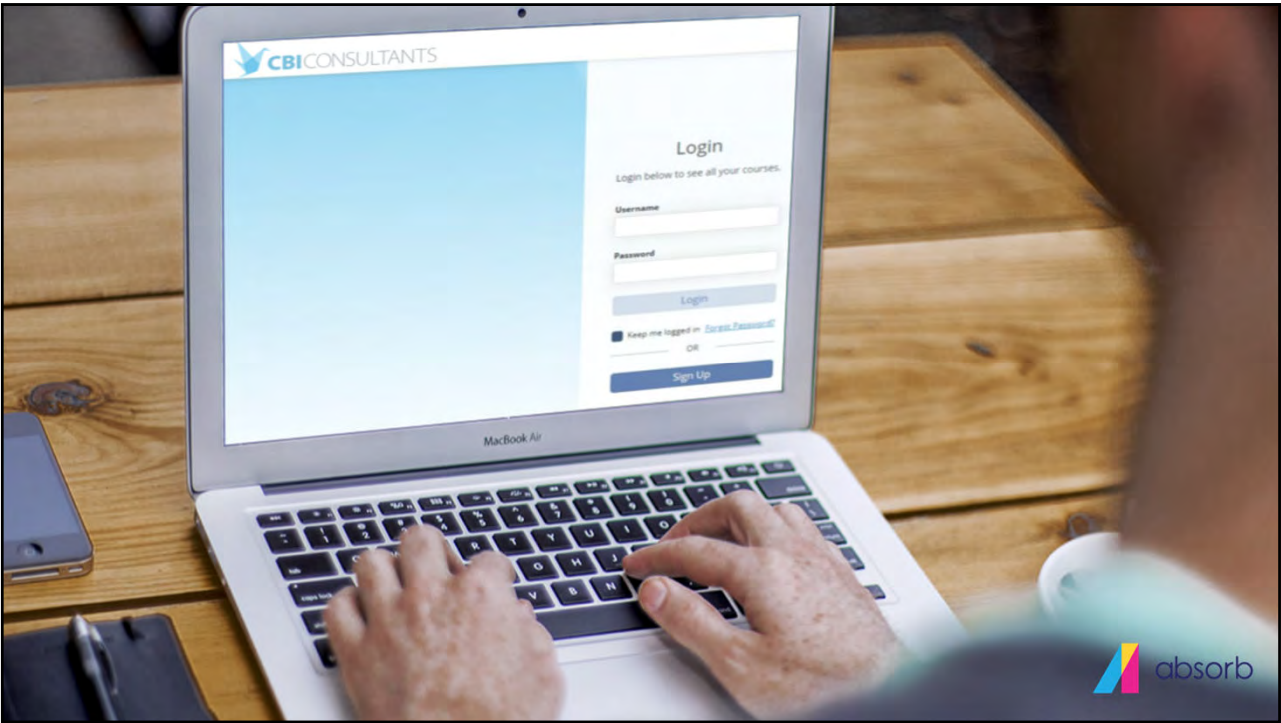
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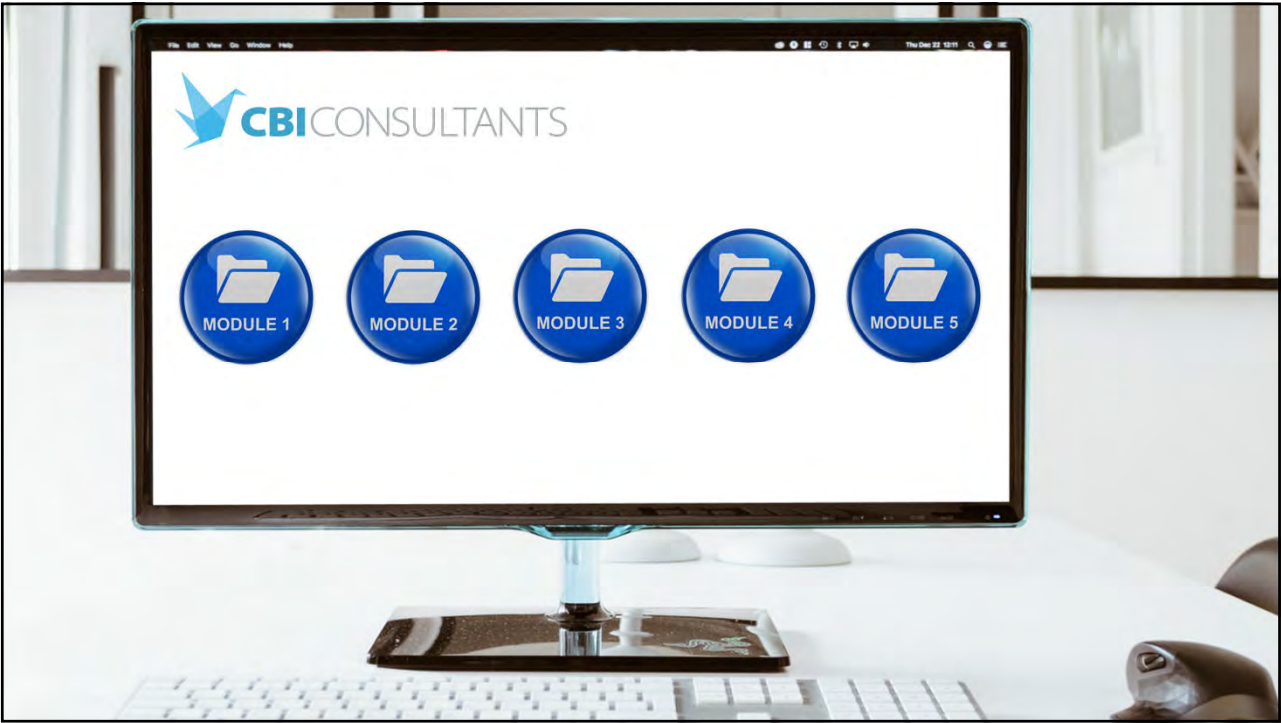
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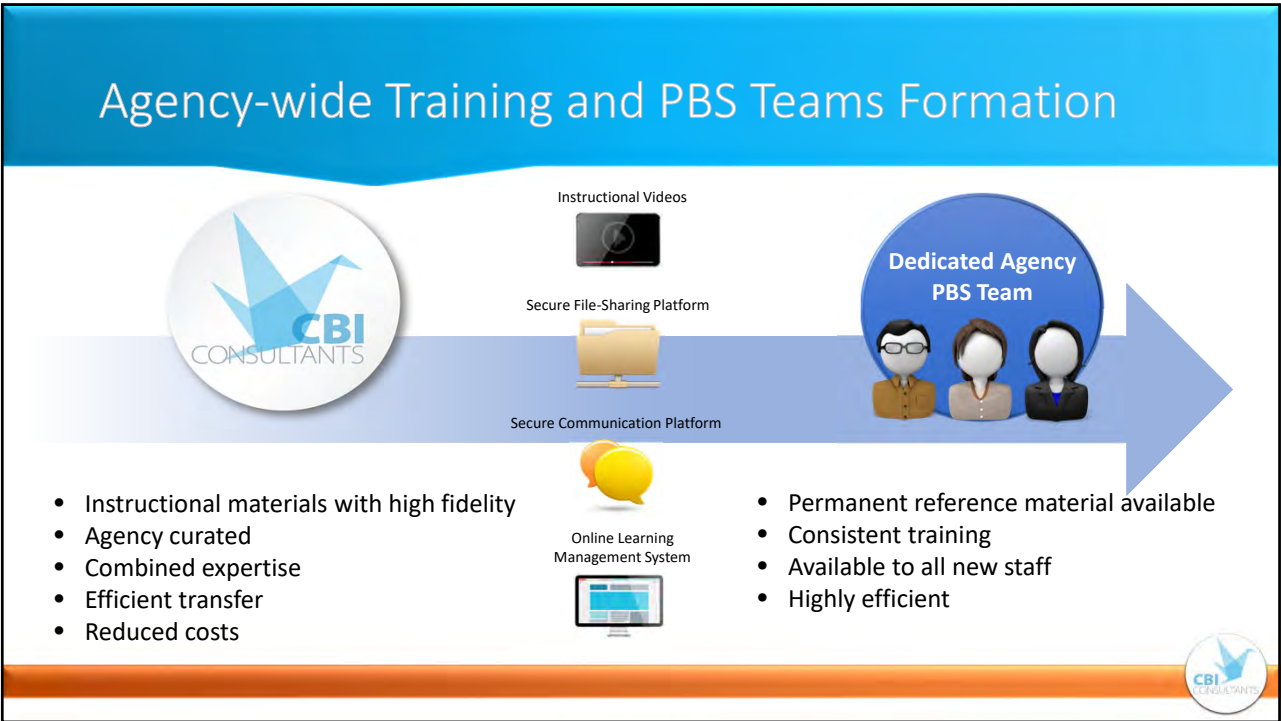
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Top Ten Strategies

Strength based- person and family centered

Collaborative teams

Wraparound Integrated Systems Framework

Evidence informed practices

Teaching replacement behaviours

Social inclusion and Peer Mediated Learning

Self-Determination instruction

Self-Regulation

Employment and Systematic instruction



Capacity building-embedding effective practices within families, schools, agencies and communities

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A presentation slide for CBI CONSULTANTS. The background is a blurred image of a person in a white lab coat holding a smartphone. In the top left corner is the CBI CONSULTANTS logo, which consists of a blue bird-like icon and the text 'CBI CONSULTANTS' in blue and white. Below the logo, there are four contact details, each preceded by a circular icon: a location pin for the address, a telephone for the phone number, an envelope for the email, and a computer monitor for the website. To the right of these details are three white icons: a telephone handset, an envelope, and an '@' symbol.

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