



2024

Non-Profit North

May 9

Courtyard by Marriott | Prince George, BC



THE FEDERATION  
of COMMUNITY SOCIAL SERVICES of BC

In partnership with





# Non-Profit North Agenda



## Wednesday, May 8

5:00pm - 7:00pm      Welcome reception (Pine)

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## Thursday, May 9

8:00am - 9:00am      Breakfast (Spruce)

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9:00am - 9:30am      Land Acknowledgement (Pine)  
Elder Barry Seymour

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9:30am - 9:45am      Welcome (Pine)  
Kishone Roy & Zahra Esmail

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9:45am - 10:45am      Plenary (Pine)  
Dr. Dustin Louie

Dr. Dustin Louie is a First Nations scholar from Nee Tahi Buhn and Nadleh Whut'en of central British Columbia. He is a member of the Beaver Clan. Dustin's educational background includes a degree in Canadian history, a Masters in International Relations, and a Ph.D. in Educational Research. He is an Associate Professor in the Department of Educational Studies at the University of British Columbia and the Director of the NITEP Indigenous Teacher Education program.

As a tenured Associate Professor, he teaches primarily in courses related to Indigenous education, social justice, and educational philosophy. Further research interests include practical approaches to Indigenizing education, decolonizing education, Indigenous pedagogies, and critical theory. Dr. Louie is conducting research, educational design, and training with First Nations, schools, and organizations across Western Canada.

10:45am - 11:00am      Break (foyer)  
Coffee & snacks

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# Non-Profit North Agenda



**Thursday, May 9** (continued)

11:00am - 12:00pm

**Plenary: Panel discussion** (Pine)

Christine Mohr, *CEO of Options Community Services Society: Moderator*

Kishone Roy,

*Executive Director of The Federation of Community Social Services of BC*

Vincent Prince,

*Executive Director at Aboriginal Business & Community Development Centre*

Alex Rowan, *Co-Founder of Everyone at the Table*

Now, more than ever, to create the impact our communities require, non-profit organizations need to get creative and open themselves to new ways of working together. This panel will delve into the range of collaboration, and how organizations can come together to have more influence and impact. Participants will gain a deeper understanding of the benefits, challenges, and key considerations involved in collaboration.

12:00pm - 1:00pm

**Lunch** (Spruce)

1:00pm - 1:15pm

**Performance: Nusdeh Yoh Drummers from Nusdeh Yoh Elementary** (Pine)

1:15pm - 2:45pm

**Plenary:** (Pine)

**Building a BC Non-Profit Network: Supporting Northern BC's Non-Profit Community**

Facilitators: Zahra Esmail, Prairie Chiu, Jenessa Ellis

For several years, Vantage Point has surveyed, met with, and interviewed thousands of organizations in BC to understand trends, challenges, and successes that BC non-profit organizations are facing, and their interest in having a formal network for all non-profits in BC. At this session, the team at Vantage Point will share the work-to-date to assess readiness and begin building a non-profit network in BC. Vantage Point will share high-level data specific to Northern BC from the 2024 State of the Sector Survey. Participants will have the opportunity to discuss and share what's resonating, how issues and trends are showing up in the region, and how a network could support non-profits in Northern BC. Join us to talk about our sector in all its strengths and the many opportunities for greater strength that lie ahead!

# Non-Profit North Agenda



**Thursday, May 9** (continued)

2:45pm - 3:00pm

**Break (foyer)**  
Coffee & snacks

3:00pm - 4:00pm

**Concurrent sessions:**

**Federation Info Session and MCFD Transformation Listening Session**  
(Pine)

Facilitators: Kishone Roy and Kim Lyster

**Team Health Leadership: Avoiding the pathway to fatigue** (Fraser)

Facilitator: Suncha Baptiste

In this 60-minute workshop, participants will explore the concept of burnout from both the employee's and the employer's perspectives through the case study of "Jane." The session will highlight actionable steps the organization in the scenario could have taken to enhance psychological safety in the workplace and some strategies that Jane, the employee, could have adopted to cope with her stressors.

In this workshop, participants will:

- Explore the promotion of mental health at an organizational level.
- Examine the 13 key factors affecting employees' psychological health in the workplace.
- Understand the stress cycle and the process of completing it.
- Examine the cognitive aspect of stress and introduce cognitive reappraisal to achieve a more constructive perspective.
- Develop a customized plan for managing stress, grounded in individual values.

**Board Fundamentals: Diversity & Inclusion** (Fir)

Facilitators: Zahra Esmail and Prairie Chiu

We know that boards are stronger, and decisions are better when governance tables are representative of communities. This is not just about who is around the table, but how they are engaged. Through this session, participants will learn new skills and knowledge to create a governance culture that actively embraces a spectrum of voices and lived experiences. Vantage Point CEO Zahra Esmail and Director of Engagement & Advocacy Prairie Chiu will define concepts relating to diversity and inclusion,

# Non-Profit North Agenda



## Thursday, May 9 (continued)

articulate the benefits of enhancing diversity and inclusion, describe the key components of creating an inclusive board culture, and share strategies for recruiting a diverse board.

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4:00pm - 4:30pm

Closing Plenary: Thank you (Spruce)

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4:30pm - 4:45pm

Performance: Khast'an Drummers (Spruce)

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4:45pm - 6:30pm

Networking reception (Spruce)  
Performance: Britt A.M.

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